



**Tomorrow, 9<sup>th</sup> August is Mary Sumner Day.** A Commemoration of the founder of the Mothers' Union, a worldwide Anglican women's organisation.

**Origins**

The Mothers' Union movement began in 1876. Mary Sumner, the wife of a rector in Hampshire, set up a group to support mothers of all kinds in bringing up their children. After delivering a speech in 1885 to churchgoing women at the Portsmouth Church Congress, she inspired many of them to go back to their parishes and set up similar groups. Over time the groups who met as Mothers' Union became embedded in their communities. They forged strong links with local people and the Anglican Church. They worked to support one another and give a voice to disadvantaged women while addressing wider societal issues. Driven by Mary Sumner's passion for the role of women in bringing about a better society, the groups proved very popular. By 1892, membership had reached 60,000 in 28 dioceses, which was to grow to 169,000 members by the turn of the century. In 1893, annual general meetings were organised, and, in 1896, Mothers' Union Central Council was formed.

**Wednesday, 11<sup>th</sup> August marks the 100<sup>th</sup> anniversary of the death of the Mary Sumner.**  
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The Summer is here and once again we're offering a Placement for the rest of August to Rachel Gardner who is discerning her vocation to ordained ministry here in the Diocese of Southwark. Rachel officially starts today but since she will be 'shadowing' Mother Roxanne, she's starting as she means to go on by joining Mother Roxanne at St John the Divine Kennington, which means she will be here at St Mark next Sunday 15<sup>th</sup> August. We will welcome her then.

**In the meanwhile, here's a short profile:**



Rachel is currently Children and Families Minister at St Peter's Church in Woodmansterne. She really enjoys visiting the local schools for RE lessons and assemblies and helping lead the toddler group.

In her free time Rachel enjoys knitting, learning new crafts and meeting up with friends. Rachel has lived most of her life in Surrey but until the age of two she lived in Upper Norwood so is excited to return to this area. She is looking forward to meeting the congregations at St Mark's and Holy Innocents.

# Welcome to the United Benefice of South Norwood Holy Innocents and St. Mark

*Sharing God's grace and love in our community*



**8<sup>th</sup> August 2021**

**Vicar:** The Revd. Canon Roxanne F. Eversley  
**Asst. Priest:** Mother Susan Wheeler-Kiley  
**Reader:** Mrs. Cicelyn Hinds

**Tenth Sunday after Trinity  
 10.00am Parish Mass**

**President and Preacher, Fr Tom Hurcombe**

*1 Kings 19.4-8 \* Psalm 34.1-8 \* Ephesians 4.25-5.2 \* John 6.35, 41-51*

**Access online worship via**  
[www.youtube.com/c/StMarksSouthNorwood](http://www.youtube.com/c/StMarksSouthNorwood)

**This week's diary**

Thursday 12 <sup>th</sup> August	Feria	<b>Holy Innocents:</b> 10.00am Said Mass 12.30pm Funeral of the late Penny Lynch
Sunday 15 <sup>th</sup> August	Eleventh Sunday after Trinity	8am BCP Mass 10am Parish Mass

**Today, we warmly welcome back Fr. Tom Hurcombe, previous Vicar of the Parish of South Norwood, St. Mark as our President and Preacher.**

**CHURCH NOTICES**

**Pastoral Care:** Mother Roxanne is available on Tel. 020 8916 1830 or 07723 038215 or [mtrroxanne@gmail.com](mailto:mtrroxanne@gmail.com) She is not available on Mondays or Mother Susan (07890 780572) on Fridays.  
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**We pray:** for Archbishops Justin and Stephen; Bishops Christopher, Jonathan, Richard and Karowei in this Diocese; the Bishops in our link Dioceses in Zimbabwe.

**For Holy Trinity & Christ Church, Richmond**  
 Daniel Wells (V); Hugh Dunlop (Reader); Keith Nurse (Reader)

**For Christ's School (M);** Helen Dixon (Acting Head)  
 Holy Trinity School (JM&I&N); Penny Cox (Headteacher)

**For Richmond Charities Almshouses;** Stuart Lee (Chaplain)

**For the Bishops, priests & people of the Church of South India (United)**

**For the sick** – Alec, Richard, Helen, Jennifer & Reuben, Marie-Gabrielle, Amanda, Rose, Caroline, Sigi, Michael, Anecka, Monica, Shirley, Lynn, Joanne, Melanie, Ronald, Faye, Tommy, Ena, Adeline, Akos, Peggy, Rudolph, Stephanie, Pamela, Barry, Leisha.

**For the bereaved** – the Desire family, Keith and the Bradshaw family, the Lynch and Williams families.

**For the recently departed** – Jim Desire, Sheila Bradshaw, Shirley Lynch.

**Those anniversaries of death occurring at this time.**



## COLLECT

Let your merciful ears, O Lord,  
be open to the prayers of your  
humble servants;  
and that they may obtain their  
petitions  
make them to ask such things as  
shall please you;  
through Jesus Christ your Son our  
Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## FIRST READING 1 Kings 19:4-8

*A reading from the first book of Kings.*

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

## PSALM Psalm 34:1-8

**R** *Turn from evil and do good.*

I will bless the Lord at all times;  
his praise shall ever be in my mouth.  
I will glory in the Lord;  
let the humble hear and rejoice. **R**

Proclaim with me the greatness of  
the Lord;  
let us exalt his name together.  
I sought the Lord and he answered  
me  
and delivered me out of all my  
terror. **R**

Look upon him and be radiant,  
and let not your faces be ashamed.  
I called in my affliction and the Lord  
heard me  
and saved me from all my  
troubles. **R**

The angel of the Lord  
encompasses those who fear him,  
and he will deliver them.  
Taste and see that the Lord is good;  
happy are they who trust in him! **R**

## SECOND READING

### Ephesians 4:25 – 5:2

*A reading from the letter of Paul to the Ephesians.*

Putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

## GOSPEL John 6:35. 41-51

*Hear the gospel of our Lord Jesus Christ according to John.*

Jesus said to the crowd, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain

about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh."

## POST COMMUNION

God of our pilgrimage,  
you have willed that the gate of  
mercy  
should stand open for those who  
trust in you:  
look upon us with your favour  
that we who follow the path of your  
will  
may never wander from the way of  
life;  
through Jesus Christ our Lord.