

**TWELFTH SUNDAY AFTER TRINITY**

The lectionary readings over the past few weeks have spoken a lot about bread. Jesus has made the bread multiply so that he has fed thousands with a few small loaves. Then he has told people that they must eat of the living bread. The message doesn't seem to get through to some people who just follow Jesus around so that they can get free loaves. Perhaps to make the point most forcibly, Jesus is at his most dramatic and offensive this week when he tells the crowd that they must eat his body and drink his blood.

Eating human flesh and drinking blood was as obnoxious then as it is now and some of the people who heard Jesus were clearly upset. However Jesus wants to make the point that it is no good just following him around for fringe benefits. Those who are serious will consume and be consumed by God. There are no half measures and Jesus will literally give of his own flesh and blood by his death on a cross. Those who follow Jesus today draw closer to him as they take the bread and wine of communion, powerful gifts of Jesus of his body and blood which was given for them.

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**Welcome!** Especially if you are a visitor. Please make yourself known to one of the Wardens, Sidespeople, or the Clergy. Members of other Churches are welcome to receive Communion. If you do not wish to receive Communion, please come up for a blessing.

Please join us after the service for coffee and refreshments.

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**DATES FOR THE DIARY**

**Sunday 15<sup>th</sup> September**, 6.30pm, Licensing by the Archdeacon of Croydon of the Revd Solomon Ebi Ekiyon as Interim Priest of St Paul's Church, Thornton Heath. Please RSVP by 27<sup>th</sup> August to the Churchwardens at [nick.makoha@gmail.com](mailto:nick.makoha@gmail.com) or [sben296@aol.com](mailto:sben296@aol.com) if you wish to attend. There will be a reception afterwards to which all are warmly invited.

**Sunday 6<sup>th</sup> October**, St Mark's Harvest Festival at 10.00am. Holy Innocents' Harvest Festival will be on Sunday 13<sup>th</sup> October at 10.00am. Donations of tinned and non-perishable food will be very welcomed for distribution to Croydon Nightwatch.

**Welcome to the United Benefice of Holy Innocents and St. Mark, South Norwood**

*Sharing God's grace and love in our community*



**18<sup>th</sup> August 2024**

**Vicar:** Vacant

**Priest (PTO):** Revd. Mother Susan Wheeler-Kiley, TSSF, SCP

**Reader (PTO):** Mrs. Cicelyn Hinds,

**TWELFTH SUNDAY AFTER TRINITY**

**8.00am BCP Mass (St. Mark)**

**10am Parish Mass (Both Parishes)**

*Proverbs 9.1-6 \* Psalm 34.9-14 \* Ephesians 5.15-20 \* John 6.51-58*

Today we welcome welcome **Fr Tomos Reed** at the 8.00am at St Mark, and **Mtr Jean Yearwood** at the 10.00am at St Mark

**Access online worship via**  
[www.youtube.com/c/StMarksSouthNorwood](http://www.youtube.com/c/StMarksSouthNorwood)

**CHURCH NOTICES**

**Pastoral Care:** for enquiries regarding baptism, confirmation, weddings, blessings, house blessings, renewal of marriage vows, thanksgiving for the birth of a child, to make your confession, or to request a home or hospital visit, please contact Mother Susan 07890 780572, [fs.kiley@btinternet.com](mailto:fs.kiley@btinternet.com) or Cicelyn Hinds 07484 677951. Please note that Mother Susan's day off is Friday.

The Benefice is in vacancy. For Parish matters, please contact in the first instance, the respective church wardens, St Mark – Norma McKnight ([ndwillis12@outlook.com](mailto:ndwillis12@outlook.com)) and Cicelyn Hinds ([cahinds@btinternet.com](mailto:cahinds@btinternet.com)) Holy Innocents – [Church.warden@holynnocentschurch.co.uk](mailto:Church.warden@holynnocentschurch.co.uk)

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**We pray:** for Archbishops Justin and Stephen; for the Bishops in this diocese, Christopher, Martin, Rosemarie and Alastair. **For** the Bishops, priests, deacons and people in our link Dioceses of Zimbabwe and The Anglican Church of Melanesia.

**St Peter, Saint Helier** Tracy Marlow (Vicar) Helga Zunde-Baker (Assistant Priest) Justina Foli (SPA).

**For the sick** – John, Emma, Marina, Richard, Alec, Malik, Simon, Caroline, Kay, Sacha, Amanda, Sigi, Barbara, Anthony, Myrna, Peter, Martyn, Luther, Genevieve, Roma, Colleen, Leonard, Leon, Jason, Trevor and Michael.

**The bereaved** – Legay and McCann families.  
**The recently departed** - Laurent **and those whose Years Mind falls at this time.**