

THIRD SUNDAY OF EASTER

We hear a lot about post-traumatic stress, when people suffer from a great shock or witness a terrible event. Two of Jesus followers were in such a state when they set off on the seven mile walk from Jerusalem to Emmaus. They had seen their hopes in Jesus shattered and they had seen him cruelly put to death on the cross. Those who have lost somebody they love will know something of the pain and distress of bereavement, the shock is real and no amount of expectation can prepare us for the separation which follows. It was at that time, when all optimism was lost, that Jesus spoke to these disciples. As Jesus spoke to them, they realised who he was and through their confusion and loss they had hope reawakened. Risen Christ, you filled your disciples with boldness and fresh hope: strengthen us to proclaim your risen life and fill us with your peace, to the glory of God the Father.

An Invitation from The Link at Croydon Association for Pastoral Care in Mental Health

We are delighted to invite you to our Open Day on **Friday 1st May**. We'd love for you to join us from 3.30-5.15 pm for refreshments, an exhibition by our art and writing groups, and the chance to catch up with our volunteers and members. You can also learn more about The Link, where we continue to help anyone experiencing mental health difficulties to feel more active, inspired and valued in our community. The full details are: Friday May 1st 3.30-5.15pm Small Hall, St Mildred's Centre, 30 Bingham Road, Croydon, CR0 7EB You can RSVP on our website here:

<https://www.apcmhcroydon.co.uk/open-day>

Holding Hope Hub

The next Holding Hope Hub will be on **Saturday 2nd May**, from 10.00am at Holy Innocents Church. This is an open space for anyone wishing to come and have a chat confidentially or with others, sharing life experiences and what you hold out hope for. Coffee and cake will be served, of course!

An Invitation from Croydon Hearing

The Hearing Cafe is open to anyone affected by hearing loss — whether you have concerns about your own hearing, care for someone else, want to connect with others, or simply find out more. The refreshments are free, the team are friendly and you can drop-in at any time. **Date: Thursday 30th April 2026**. Time: 10am - 1pm. Location: Selsdon Community Clubhouse, 132 Addington Road, South Croydon, CR2 8LA (in the Sainsbury's Complex)

Safeguarding Training

Croydon Episcopal Area are offering in-person safeguarding training at both Foundation and Leadership Level at St Michael and All Angels Church, West Croydon. The dates are Saturday 16th and Saturday 30th May. For full details of the courses, please speak with Cicelyn, Maureen, Cassandra or Mother Susan. Please note that all PCC members must complete the Foundation level training.

The Bridge

The new style quarterly Diocesan publication, The Bridge, is available at the back of both churches. Please take a copy home with you and discover what is happening in and around the Diocese.

Welcome to the United Benefice of Holy Innocents and St. Mark, South Norwood

United together in Christ, shining Christ's light in our community



19th April 2026

Vicar: Vacant

Priest (PTO): Revd. Mother Susan Wheeler-Kiley, TSSF, SCP

Reader (PTO): Mrs. Cicelyn Hinds,

THIRD SUNDAY OF EASTER

8.00am BCP Mass (St. Mark)

10am Parish Mass (Both Parishes)

1.00pm Imprint Contemporary Church (Holy Innocents)

*'Acts 2.14a, 36-41 * Psalm 116 1-3, 10-end *
1 Peter 1.17-23 * Luke 24.13-35 **

Access online worship via

www.youtube.com/c/StMarksSouthNorwood

CHURCH NOTICES

Pastoral Care: for enquiries regarding Holy Innocents, please contact Mother Susan 07890780572

fs.kiley@btinternet.com and for St Mark, please contact

Cicelyn Hinds 02086562474 cahinds@btinternet.com

The Benefice is in vacancy. For Parish matters, please

contact in the first instance, the respective church

wardens, St Mark – Norma McKnight

(ndwillis12@outlook.com) and Cicelyn Hinds

(cahinds@btinternet.com) Holy Innocents –

Church.warden@holyinnocentschurch.co.uk

We pray: for our Archbishops Sarah and Stephen; for

the Bishops in this diocese, Christopher, Rosemarie,

Alastair and Martin. **For** the Bishops, priests, deacons

and people in our link Dioceses of Zimbabwe and **For**

the Bishops, priests, deacons & people of the

Church of the Province of Myanmar (Burma).

Christ Church, Streatham Simon Asquith (Vicar) and

Christ Church CofE (JM & I) School.

For the sick – Richard, Barbara, John, Reiss, Malik, Simon,

Fred, Terri-Ann, Marcia, Caroline, Shirley, Luke, Beverley,

Susan, Jean, Nicholas, Orlando, Thomas, Christine and

Denise.

The bereaved Pauline, Malik, Maya, Jamaal, Kayla and the

Powell family, Beverley, and the Herbert and the Graham

families, Norma, David and the McKnight family and the

Nicholls family.

The recently departed – Ethel Powell, Coreena Graham,

Leonard McKnight, William Nicholls **and those whose**

Years Mind falls at this time

Please join us after the service for coffee and fellowship